



Celebrating Its 42nd Year of Ministry

2011-2012 Jr. League Basketball
Rules & Information Booklet
Shannon Scoggins, Director

This basketball league is a ministry of the following churches: Couts Methodist, Harmony Baptist, North Side Baptist, Victory Baptist, First Baptist Church and Spring Creek Baptist. A special thanks to these churches for the use of their gyms and for the direction and input given by representatives from each of the churches.

History

Jr. League Basketball was started in 1969 at the Weatherford YMCA. The first year of existence included six boy's teams and the girls had only enough players for an All-Star team. In 1972, because of the need for heat and financial support, the league moved to the First Baptist Church Weatherford's new Family Life Center. The league continued to grow, adding the girl's league in 1973. In 1975, Coups Methodist, began helping to expand the league when Coups built their new activity center in 1976.

Since that date the league has grown from two divisions, to six divisions, and today more than 70 teams of boys and girls that make up the Jr. League Basketball program. Both Coups Methodist and North Side Baptist have been very faithful to keep the league ministry alive and running. Jr. League Basketball would not be one of the finest Christian based organizations in Parker County without the efforts of volunteers from NSBC, Victory Baptist, Harmony Baptist, Coups Methodist First Baptist and Spring Creek Baptist. Over the years Jr. League has been very fortunate to have many dedicated volunteers: Leo Neely, Beth Potter, Mike Martin, Jimmy Day, Shannon Scoggins, Lynn Crosslin and Cindy Hott.

Our volunteers give unselfishly many hours to Jr. League, with the majority of volunteers no longer having children of their own in the league any longer. Each of us believe whole heartedly in the program and wish for many more years of success. If you have a desire to serve on the board or volunteer to help, please contact any board member.

Presently serving on the Jr. League Basketball Committee

Butch Hott - Coups Methodist
Marcus Richey - Victory Baptist
Lynn Crosslin - Harmony Baptist
Tyson Shapley - Harmony Director
Shannon Scoggins - North Side Baptist
John Thomas - South Main Church of Christ
Jim Steensma - South Main Church of Christ
Keena Wooster - North Side Baptist
Tim & Amy Miller - North Side Baptist
Kyle & Becky Zachariar - Spring Creek

2011-2012 Junior League Devotionals

- John 3:16 God loves you so much
(KJV) ¹⁶For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.
(NIV) ¹⁶"For God so loved the world that he gave his one and only Son,^[a] that whoever believes in him shall not perish but have eternal life.
 - Romans 6:23 A Gift you don't want to miss
(KJV) ²³For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.
(NIV) ²³For the wages of sin is death, but the gift of God is eternal life in^[a] Christ Jesus our Lord.
 - Acts 4:12 Are there many ways to Heaven?
(KJV) ¹²Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved.
(NIV) ¹²Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved."
 - John 3:36 Can't I be neutral?
(KJV) ³⁶He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him.
(NIV) ³⁶Whoever believes in the Son has eternal life, but whoever rejects the Son will not see life, for God's wrath remains on him."
 - Hebrews 11:6 What is saving Faith?
(KJV) ⁶But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.
(NIV) ⁶And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.
 - Philippians 4:13 God cares about my problems
(KJV) ¹³I can do all things through Christ which strengthened me.
(NIV) ¹³I can do everything through him who gives me strength.
- Romans 10:9 How do I get to Heaven?
(KJV) ⁹That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.
(NIV) ⁹That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved.
- Philippians 1:6 God finishes what He begins
(KJV) ⁶Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ:
(NIV) ⁶being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

INSURANCE

Claim Procedures

Note: All claims forms can be picked up from Shannon Scoggins. This coverage is for every player, for coverage at both practice and games.

I. If you have no other insurance coverage:

1. Complete ALL questions of the claim form. Failure to do so may result in an unnecessary delay in the processing of the claim.
2. Submit completed form to Shannon Scoggins for signature authorization. She will then submit the form to the insurance company.

II. If you do have other insurance coverage:

1. Submit complete form to Shannon Scoggins for signature authorization. She will then submit the claim form to the insurance company.
2. Submit any itemized bill pertaining to this injury to your other insurance first for their consideration. Charges should then be submitted to Francis Dean, along with payment explanation worksheets from your other insurance carrier and itemized statements from each health care provider.
3. Complete ALL questions on the claim form. Failure to full complete this form may result in an unnecessary delay in the processing of this claim.

III. Thing to remember:

1. This policy is an excess accident policy. Your primary carrier must consider any charges first. A copy is required.
2. Charges cannot be considered from your other carrier's payment explanation worksheets alone, or from balance-due statements; itemized bills must accompany all insurance explanation worksheets.
3. Each itemized bill must show the date of service, procedure, diagnosis, and the charge.
4. Any additional bills need to be submitted at a later date (after the initial submission of your claim), send them directly to Francis Dean with the following information: name of the participant; date of the accident; name of the organization (Jr. League Basketball)
5. Please allow time to properly process your claim.
6. Please respond to any correspondence requesting additional information promptly.
7. A payment explanation worksheet will be sent to you from Francis Dean showing how your claim was processed.

Statement of Purpose

Jr. League Basketball is an opportunity for young children of the Weatherford Independent School District and/or members of the sponsoring churches to learn the fundamental of basketball under the direction of Christian coaches and in a Christian setting. Emphasis is placed on good sportsmanship and team play. Jr. League is a "play to play" league. In our efforts, it is our desire and prayer that Jesus

Christ is glorified and
exemplified.

Goals

1. Coaches, volunteers, parents, and participants will exemplify Christ in their words and actions.
2. The participants will be taught the fundamentals of basketball and will be given the opportunity to learn and grow in their understanding of the sport.

Important Dates

January 1, 2012

January 14, 2012

March 6, 2012

Practices begin this week

First game of the season

Last scheduled game

Team Information Jr. League Divisions

Div. I Boys 6 yrs. to 1st grade

Div. II Girls 6yrs. To 1st grade

Div. III Boys 2nd & 3rd grade

Div. IV Girls 2nd & 3rd grade

Div. V Boys 4th & 5th grade

Div. VI Girls 4th & 5th grade

Div. VII Boys 6th grade

Div. VIII Girls 6th grade

Jr. League Basketball 2011-2012

Rules & Information

STATEMENT OF PURPOSE: Jr. League Basketball is an opportunity for young children of the Weatherford Independent School District and/or members of the sponsoring churches to learn the fundamental of basketball under the direction of Christian coaches and in a Christian setting. Emphasis is placed on good sportsmanship and team play. Jr. League is a “play to play” league. In our efforts, it is our desire and prayer that Jesus Christ is glorified and exemplified.

NOTE: All games will begin with a scripture reading, brief application of the scripture, and prayer. NO exceptions. The league is committed to helping children ages 6 years through 6th grade to play basketball in an environment of strong spiritual values and principles. The adults are to lead out in this effort and to provide leadership which exemplifies these teachings.

REMEMBER: This league is a participation/instructional league. There are no divisional playoffs, all players receive participation trophies and are considered champions in Christ Jesus. He made each one of them and has a great plan for each one of their lives.

I Corinthians 6:19-20, “Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought with a price. Therefore honor God with your body.” (NIV)

I. QUESTIONS:

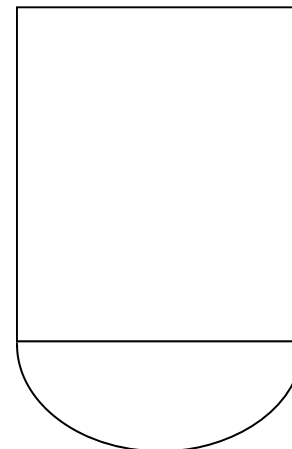
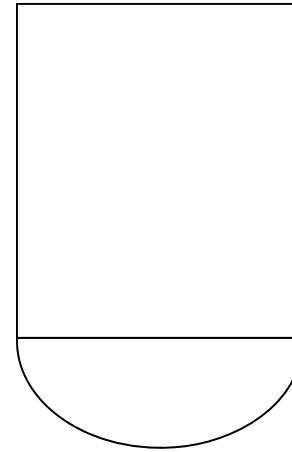
First place to visit for questions/concerns is the league website:

www.jrleague.org

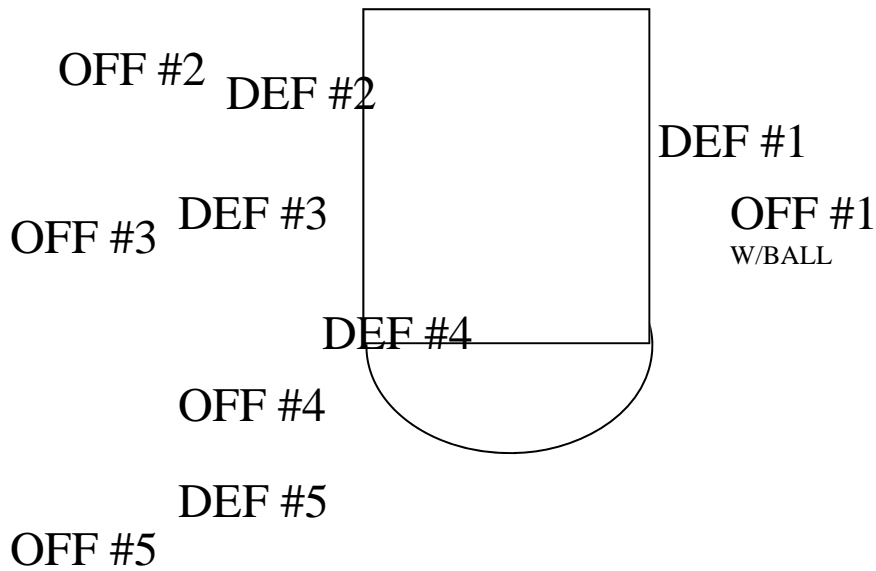
817-550-1699

If you have an questions, comments or needs, call on one of the following gym directors:

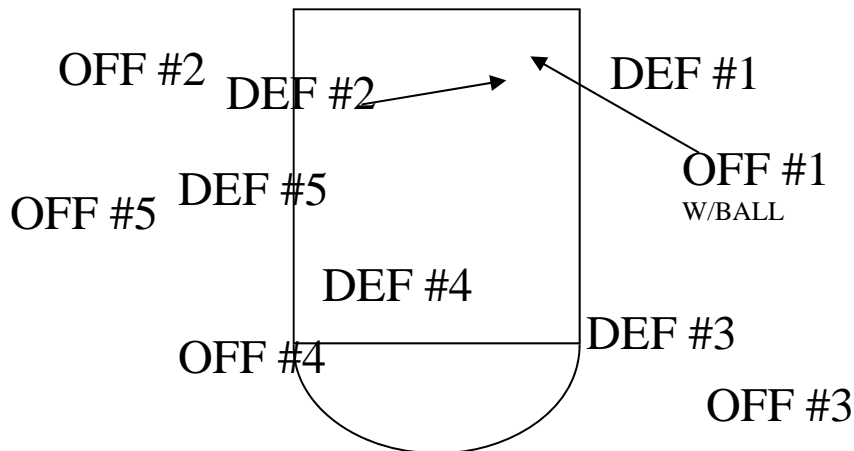
Church Gym	Director	Phone #s
Couts Methodist	Butch Hoytt	599-8601
Harmony Baptist	Lynn Crosslin	599-0600
North Side Baptist	Shannon Scoggins	304-2525
Spring Creek	Brad Moore	
Victory Baptist	Marcus Richey	594-7421
First Baptist	Scott	594-1490



CLEAR OUT PLAY—
NOT ALLOWED IN DIVISIONS I—VI



IF OFFENSIVE PLAYER #1 HAS THE BALL, AND IS DRIVING TO THE BASKET, DEFENDER #2 IS ALLOWED TO SLIDE OVER AND DEFEND THE GOAL



II. Jr. League Divisions & Location of Game Sites

Division I

Boys 6 years to 1st grade - Victory Baptist Church

Division II

Girls 6 years to 1st grade - Victory Baptist Church

Division III

Boys 2nd & 3rd grade - Spring Creek

Division IV

Girls 2nd & 3rd grade - Coutts Methodist Church

Division V

Boys 4th & 5th grade - Harmony Baptist Church

Division VI

Girls 4th & 5th grade - Coutts Methodist Church

Division VII

Boys 6th grade - North Side Baptist Church

Division VIII

Girls 6th grade - North Side Baptist Church

(Locations subject to change)

III. Pictures will be taken at the first of each season and will be at the expense of each player. You do not have to purchase the pictures.

IV. Practice Schedules for each gym are on a first come, first serve basis, with sign-ups at the coach's meetings at North Side Baptist Church on November 30, 7:45PM. and December 3, 9:00AM @ North Side Baptist Church.

V. Game Schedule

1. Game schedules will be ready by your first practice and copies will be given to you for each player.
2. Every team is guaranteed eight games.
3. Each team will only play eight games, and if you have more than nine teams in your division, you will only play eight of the teams in your division.

Jr. League Basketball Rules & Information Division I & II

I. Practices for Divisions I & II

A. Preseason

1. Practices will begin the week of January 3, 2012. Each team will have 2, 1 hour practices before the first game on Saturday, January 14, 2012.

B. During the season

1. Each team will be allowed to practice one hour during the week.
2. Practice times must be scheduled with gym directors from each church. You will have the same time frame each week unless an emergency arises.
3. Any team practicing more than one hour will forfeit their next game.
4. Practices may only take place at designated church. No other gym can be used unless approved by the gym director for your league.
5. Teams are not to scrimmage each other at any practice. This is an instructional league. Practice time must be used to teach fundamental skills, defense, offense, and the games used to allow a learning environment where the coaches call the game and instruct the players during the game.
6. Practices will not be allowed on Saturday, Sunday or Wednesdays.
7. Each participant must attend all practices unless he or she has a legitimate excuse.
 - a. If a player misses a practice without a legitimate excuse, he or she MUST forfeit one 8 minute quarter of playing time during the next game. Coaches must notify the referee, scorekeeper and the opposing coach if one of his players is to sit out the one 8 minute quarter.
 - b. If a player misses two practices in a row, he or she must forfeit all of his playing time in the next game. Again, coaches must notify the appropriate person prior to the game.

PLAYER	JERSEY #	1ST QTR	2ND QTR	3RD QTR	4TH QTR	COMMENTS
JOHN A	1	X		X	*X*	
JEFF B	2	X		X	*X*	
BRAD B	3	X		X		
EVAN C	4	X	X		*X*	
TAYLOR G	5	X	X		*X*	
SEAN G	10		X			MISSED THIS WEEK PRACT.
LUIS R	11		X	X		
STEVEN Y	12		X		X	

X—INDICATES THE QUARTERS SCHEDULED TO PLAY
X - INDICATES THE QUARTERS, THAT PLAYER CAN BE SUBSTITUTED FOR DURING THE QUARTER

PLAYER	JERSEY #	1ST QTR	2ND QTR	3RD QTR	4TH QTR	COMMENTS
JOHN A	1	X		X	*X*	
JEFF B	2	X		X	*X*	
BRAD B	3	X		X		
EVAN C	4	X	X		*X*	
TAYLOR G	5	X	X		*X*	
SEAN G	10		X	X		
LUIS R	11		X	X		
STEVEN Y	12		X		X	

X—INDICATES THE QUARTERS SCHEDULED TO PLAY
 X - INDICATES THE QUARTERS, THAT PLAYER CAN BE SUBSTITUTED FOR DURING THE QUARTER

II. Games for Division I & II

- A. Games will be played on eight consecutive Saturdays beginning January 14, 2012 and ending March 3, 2012.
- B. Games will consist of four (4) 8 minute quarters with a 5 minute half-time. The clock only stops for time outs and when a player is injured.
- C. Jump balls will be held at the first of each game, teams will alternate possession thereafter in the case of a tie ball.
- D. There will be no books kept for this age group. Only a running clock will be used. This is an instructional league and participation, instructions, and fundamentals are the focus of this league.
- E. One and one will be shot in the second and fourth quarters.
- F. Substitutions during a game:
 1. ALL PLAYERS MUST PLAY ANY TWO COMPLETE QUARTERS FROM START TO FINISH BEFORE BEING SUBSTITUTED.
 2. THE ONLY TIME A PLAYER IS ALLOWED TO PLAY LESS THAN 2 COMPLETE QUARTERS IS IN THE CASE OF AN INJURY, MISSED PRACTICE, OR ILLNESS.
- G. Game Length:
 1. One hour will be allowed for each game. This is not a time limit but an approximation of how long a game will last. There will be no early start of a game.
 2. Teams are expected to be ready at the assigned game time. Readiness means having a coach and a minimum of four (4) players present.
 3. A team will be given a five minute grace period if not ready. After five minutes, the team will be forced to forfeit. If a forfeit occurs, the teams will be allowed to use their time to practice.
 4. Games must be played with equal number of players on the court at the same time. IE, 4 players vs. 4 players.
 5. A roster sheet must be turned in prior to the game.
 6. Tie games will end in a tie.
- H. Time Outs
 1. Each team will have two time outs per half.
 2. Time outs can be called by a player or a coach.
- I. Defense: Both Divisions
 1. MUST RUN A MAN TO MAN DEFENSE THE ENTIRE GAME; CANNOT PICK UP THE OFFENSIVE PLAYERS UNTIL THEY PASS MID-COURT.
 2. NO FULL COURT PRESSES WILL BE ALLOWED.
 3. NO CHASERS.
 4. OFFENSE CANNOT RUN A CLEAR OUT PLAY. (First offense equals a warning, and the second offense equals a technical foul.)

III. Additional Information

- A. Games balls will be furnished by the League. No balls will be allowed in the gym by players or spectators on game day.
- B. Practice balls will be furnished in each gym.
- C. Jerseys will be passed out during the practice prior to the first game or just before the first game.
- D. Women's size balls will be used in these divisions.
- E. Each game will be played on 8 1/2 foot goals.
- F. Spectators may be asked to leave the gym by the League Director, Gym Director or referees if their behavior is not in keeping with good sportsmanship.

IV. Coaches Information

- A. All coaches are chosen by the league according to availability of teams needed to coach.
- B. Coaches will be allowed to coach their own child's team if another coach has not already been assigned to the team.
- C. All coaches must attend the mandatory coaches clinic at a date to be determined. At least two clinics will be scheduled to allow coaches the opportunity to be trained before the league's first games.
- D. A coach's booklet will be given out at the clinic, along with blank roster sheets and a practice schedule. A roster sheet must be turned in by each coach before the game, listing the names and quarters that each player will be participating. If players have missed practices, are injured, or have been ill and will not be playing all quarters, this information should be noted on this sheet. All sheets will be kept by the gym director for each game to allow a history of playing time for all children.
- E. Coaches will not be allowed to use any abusive or inappropriate language at any time.

III. Additional Information

- A. Games balls will be furnished by the League. No balls will be allowed in the gym by players or spectators on game day.
- B. Practice balls will be furnished in each gym.
- C. Jerseys will be passed out during the practice prior to the first game or just before the first game.
- D. Women's size balls will be used in these divisions.
- E. Each game will be played on 10 foot goals.
- F. Spectators may be asked to leave the gym by the League Director, Gym Director or referees if their behavior is not in keeping with good sportsmanship.

IV. Coaches Information

- A. All coaches are chosen by the league according to availability of teams needed to coach.
- B. Coaches will be allowed to coach their own child's team if another coach has not already been assigned to the team.
- C. All coaches must attend the mandatory coaches clinic at a date to be determined. At least two clinics will be scheduled to allow coaches the opportunity to be trained before the league's first games.
- D. A coach's booklet will be given out at the clinic, along with blank roster sheets and a practice schedule. A roster sheet must be turned in by each coach before the game, listing the names and quarters that each player will be participating. If players have missed practices, are injured, or have been ill and will not be playing all quarters, this information should be noted on this sheet. All sheets will be kept by the gym director for each game to allow a history of playing time for all children.
- E. Coaches will not be allowed to use any abusive or inappropriate language at any time.

Jr. League Basketball Rules & Information Division III-IV

II. Games for Division VII & VIII

- A. Games will be played on eight consecutive Saturdays beginning January 14, 2012 and ending March 3, 2012.
- B. Games will consist of four (4) 8 minute quarters with a 5 minute half-time. The clock only stops for time outs and when a player is injured.
- C. Jump balls will be held at the first of each game, teams will alternate possession thereafter in the case of a tie ball.
- D. There will be five fouls allowed per player per game. Only a running clock will be used. This is an instructional league and participation, instructions, and fundamentals are the focus of this league.
- E. One and one will be shot in the second and fourth quarters.
- F. Substitutions during a game:
 1. ALL PLAYERS MUST PLAY ANY TWO COMPLETE QUARTERS FROM START TO FINISH BEFORE BEING SUBSTITUTED.
 2. THE ONLY TIME A PLAYER IS ALLOWED TO PLAY LESS THAN 2 COMPLETE QUARTERS IS IN THE CASE OF AN INJURY, MISSED PRACTICE, OR ILLNESS.
- G. Game Length:
 1. One hour will be allowed for each game. This is not a time limit but an approximation of how long a game will last. There will be no early start of a game.
 2. Teams are expected to be ready at the assigned game time. Readiness means having a coach and a minimum of four (4) players present.
 3. A team will be given a five minute grace period if not ready. After five minutes, the team will be forced to forfeit. If a forfeit occurs, the teams will be allowed to use their time to practice.
 4. Games must be played with equal number of players on the court at the same time. IE, 4 players vs. 4 players.
 5. A roster sheet must be turned in prior to the game.
 6. Tie games will end in a tie.
- H. Time Outs
 1. Each team will have two time outs per half.
 2. Time outs can be called by a player or a coach.
- I. Defense: Both Divisions
 1. Teams are allowed to run a full court press the entire game.
 2. There will be a 10 point mercy rule if the pressing team is in the lead by 10 points or more.
 3. One on one or zone defense is allowed.
 4. Standard High School rules will be followed with the exception of the 10 point mercy rule.
 5. Intentional violation of the rules will result in 2 free throws and possession of the ball.

I. Practices for Divisions III-IV

A. Preseason

1. Practices will begin the week of January 2, 2012. Each team will have 2, 1 hour practices before the first game on Saturday, January 14, 2012.

B. During the season

1. Each team will be allowed to practice one hour during the week.
2. Practice times must be scheduled with gym directors from each church. You will have the same time frame each week unless an emergency arises.
3. Any team practicing more than one hour will forfeit their next game.
4. Practices may only take place at First Baptist or Courts Methodist. No other gym can be used unless approved by the gym director for your league.
5. Teams are not to scrimmage each other at any practice. This is an instructional league. Practice time must be used to teach fundamental skills, defense, offense, and the games used to allow a learning environment where the coaches call the game and instruct the players during the game.
6. Practices will not be allowed on Saturday, Sunday or Wednesdays.
7. Each participant must attend all practices unless he or she has a legitimate excuse.
 - a. If a player misses a practice without a legitimate excuse, he or she MUST forfeit one 8 minute quarter of playing time during the next game. Coaches must notify the referee, scorekeeper and the opposing coach if one of his players is to sit out the one 8 minute quarter.
 - b. If a player misses two practices in a row, he or she must forfeit all of his playing time in the next game. Again, coaches must notify the appropriate person prior to the game.

Jr. League Basketball Rules & Information Division VII-VIII

II. Games for Division III & IV

- A. Games will be played on eight consecutive Saturdays beginning January 14, 2012 and ending March 3, 2012.
- B. Games will consist of four (4) 8 minute quarters with a 5 minute halftime. The clock only stops for time outs and when a player is injured.
- C. Jump balls will be held at the first of each game, teams will alternate possession thereafter in the case of a tie ball.
- D. There will be five fouls allowed per player per game. Only a running clock will be used. This is an instructional league and participation, instructions, and fundamentals are the focus of this league.
- E. One and one will be shot in the second and fourth quarters.
- F. Substitutions during a game:
 1. ALL PLAYERS MUST PLAY ANY TWO COMPLETE QUARTERS FROM START TO FINISH BEFORE BEING SUBSTITUTED.
 2. THE ONLY TIME A PLAYER IS ALLOWED TO PLAY LESS THAN 2 COMPLETE QUARTERS IS IN THE CASE OF AN INJURY, MISSED PRACTICE, OR ILLNESS.
- G. Game Length:
 1. One hour will be allowed for each game. This is not a time limit but an approximation of how long a game will last. There will be no early start of a game.
 2. Teams are expected to be ready at the assigned game time. Readiness means having a coach and a minimum of four (4) players present.
 3. A team will be given a five minute grace period if not ready. After five minutes, the team will be forced to forfeit. If a forfeit occurs, the teams will be allowed to use their time to practice.
 4. Games must be played with equal number of players on the court at the same time. IE, 4 players vs. 4 players.
 5. A roster sheet must be turned in prior to the game.
 6. Tie games will end in a tie.
- H. Time Outs
 1. Each team will have two time outs per half.
 2. Time outs can be called by a player or a coach.
- I. Defense: Both Divisions
 1. MUST RUN A MAN TO MAN DEFENSE THE ENTIRE GAME; CANNOT PICK UP THE OFFENSIVE PLAYERS UNTIL THEY PASS MID-COURT.
 2. NO FULL COURT PRESSES WILL BE ALLOWED.
 3. NO CHASERS.
 4. OFFENSE CANNOT RUN A CLEAR OUT PLAY. (First offense equals a warning, and the second offense equals a technical foul.)

I. Practices for Divisions VII-VIII

A. Preseason

1. Practices will begin the week of January 2, 2012. Each team will have 2, 1 hour practices before the first game on Saturday, January 14, 2012.

B. During the season

1. Each team will be allowed to practice one hour during the week.
2. Practice times must be scheduled with gym directors from each church. You will have the same time frame each week unless an emergency arises.
3. Any team practicing more than one hour will forfeit their next game.
4. Practices may only take place at Couets Methodist, Northside Baptist or Harmony Baptist. No other gym can be used unless approved by the gym director for your league.
5. Teams are not to scrimmage each other at any practice. This is an instructional league. Practice time must be used to teach fundamental skills, defense, offense, and the games used to allow a learning environment where the coaches call the game and instruct the players during the game.
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7. Each participant must attend all practices unless he or she has a legitimate excuse.
 - a. If a player misses a practice without a legitimate excuse, he or she MUST forfeit one 8 minute quarter of playing time during the next game. Coaches must notify the referee, scorekeeper and the opposing coach if one of his players is to sit out the one 8 minute quarter.
 - b. If a player misses two practices in a row, he or she must forfeit all of his playing time in the next game. Again, coaches must notify the appropriate person prior to the game.

SECOND HALF

3. TEAMS ARE ALLOWED TO PLAY A FULL COURT PRESS
MERCY RULE EXCEPTION #7
4. ONE-ON-ONE OR ZONE DEFENSE IS ALLOWED.
5. NO CHASERS.
6. OFFENSE CANNOT RUN A CLEAR OUT PLAY.
(First offense equals a warning, and the second offense equals a technical foul.)
7. THERE WILL BE A 10 POINT MERCY RULE, IF THE PRESSING TEAM IS IN THE LEAD BY 10 POINTS OR MORE.

III. Additional Information

- A. Games balls will be furnished by the League. No balls will be allowed in the gym by players or spectators on game day.
- B. Practice balls will be furnished in each gym.
- C. Jerseys will be passed out during the practice prior to the first game or just before the first game.
- D. Women's size balls will be used in these divisions.
- E. Each game will be played on 10 foot goals.
- F. Spectators may be asked to leave the gym by the League Director, Gym Director or referees if their behavior is not in keeping with good sportsmanship.

IV. Coaches Information

- A. All coaches are chosen by the league according to availability of teams needed to coach.
- B. Coaches will be allowed to coach their own child's team if another coach has not already been assigned to the team.
- C. All coaches must attend the mandatory coaches clinic at a date to be determined. At least two clinics will be scheduled to allow coaches the opportunity to be trained before the league's first games.
- D. A coach's booklet will be given out at the clinic, along with blank roster sheets and a practice schedule. A roster sheet must be turned in by each coach before the game, listing the names and quarters that each player will be participating. If players have missed practices, are injured, or have been ill and will not be playing all quarters, this information should be noted on this sheet. All sheets will be kept by the gym director for each game to allow a history of playing time for all children.
- E. Coaches will not be allowed to use any abusive or inappropriate language at any time.

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- D. Women's size balls will be used in these divisions.
- E. Each game will be played on 8 1/2 foot goals.
- F. Spectators may be asked to leave the gym by the League Director, Gym Director or referees if their behavior is not in keeping with good sportsmanship.

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- C. All coaches must attend the mandatory coaches clinic at a date to be determined. At least two clinics will be scheduled to allow coaches the opportunity to be trained before the league's first games.
- D. A coach's booklet will be given out at the clinic, along with blank roster sheets and a practice schedule. A roster sheet must be turned in by each coach before the game, listing the names and quarters that each player will be participating. If players have missed practices, are injured, or have been ill and will not be playing all quarters, this information should be noted on this sheet. All sheets will be kept by the gym director for each game to allow a history of playing time for all children.
- E. Coaches will not be allowed to use any abusive or inappropriate language at any time.

Jr. League Basketball Rules & Information Division V-VI

I. Practices for Divisions V-VI

A. Preseason

1. Practices will begin the week of January 2, 2012. Each team will have 2, 1 hour practices before the first game on Saturday, January 14, 2012.

B. During the season

1. Each team will be allowed to practice one hour during the week.
2. Practice times must be scheduled with gym directors from each church. You will have the same time frame each week unless an emergency arises.
3. Any team practicing more than one hour will forfeit their next game.
4. Practices may only take place at designated churches. No other gym can be used unless approved by the gym director for your league.
5. Teams are not to scrimmage each other at any practice. This is an instructional league. Practice time must be used to teach fundamental skills, defense, offense, and the games used to allow a learning environment where the coaches call the game and instruct the players during the game.
6. Practices will not be allowed on Saturday, Sunday or Wednesdays.
7. Each participant must attend all practices unless he or she has a legitimate excuse.
 - a. If a player misses a practice without a legitimate excuse, he or she **MUST** forfeit one 8 minute quarter of playing time during the next game. Coaches must notify the referee, scorekeeper and the opposing coach if one of his players is to sit out the one 8 minute quarter.
 - b. If a player misses two practices in a row, he or she must forfeit all of his playing time in the next game. Again, coaches must notify the appropriate person prior to the game.

II. Games for Division V & VI

- A. Games will be played on eight consecutive Saturdays beginning January 14, 2012 and ending March 3, 2012.
- B. Games will consist of four (4) 8 minute quarters with a 5 minute half-time. The clock only stops for time outs and when a player is injured.
- C. Jump balls will be held at the first of each game, teams will alternate possession thereafter in the case of a tie ball.
- D. There will be five fouls allowed per player per game. Only a running clock will be used. This is an instructional league and participation, instructions, and fundamentals are the focus of this league.
- E. One and one will be shot in the second and fourth quarters.
- F. Substitutions during a game:
 1. **ALL PLAYERS MUST PLAY ANY TWO COMPLETE QUARTERS FROM START TO FINISH BEFORE BEING SUBSTITUTED.**
 2. **THE ONLY TIME A PLAYER IS ALLOWED TO PLAY LESS THAN 2 COMPLETE QUARTERS IS IN THE CASE OF AN INJURY, MISSED PRACTICE, OR ILLNESS.**
- G. Game Length:
 1. One hour will be allowed for each game. This is not a time limit but an approximation of how long a game will last. There will be no early start of a game.
 2. Teams are expected to be ready at the assigned game time. Readiness means having a coach and a minimum of four (4) players present.
 3. A team will be given a five minute grace period if not ready. After five minutes, the team will be forced to forfeit. If a forfeit occurs, the teams will be allowed to use their time to practice.
 4. Games must be played with equal number of players on the court at the same time. IE, 4 players vs. 4 players.
 5. A roster sheet must be turned in prior to the game.
 6. Tie games will end in a tie.
- H. Time Outs
 1. Each team will have two time outs per half.
 2. Time outs can be called by a player or a coach.
- I. Defense: Both Divisions

FIRST HALF

 1. **MUST RUN A MAN TO MAN DEFENSE**
EXCEPTIONS #1—OFFENSIVE PLAYER WITH THE BALL IS DRIVING TO THE BASKET.
EXCEPTION #2—OFFENSIVE PLAYER WITH THE BALL IS IN THE PAINT.
 2. **CANNOT PICK UP OFFENSIVE PLAYERS UNTIL THEY PASS MID-COURT.**